



TALK

ADOLESCENCE

Family Conversation Starters

What do you think it means to go through adolescence?

What do you think will be the best thing about getting older?

What are you not looking forward to about adolescence?

What do you think most kids look forward to about their teenage years?

What do you think about your body changing as you mature?

What privileges are you looking forward to getting now that you're getting older?

Who is one teen you admire?

How do you think you'll change for the better as you go through adolescence?

What questions do you have about being a teenager?

Do you feel ready for middle school or high school? Why or why not?

What thing makes you nervous about how you or your friends are changing?

What one thing makes you excited about what is to come?