

## Pillow Talk Questions

***These are examples of questions you can use to start a conversation with your child to establish positive communication. You can do this anytime. Some parents talk with their kids at the end of the day when they have finished homework, dinner, bath time and are ready for bed because there are no distractions.***

Today is the first full day of spring! Spring is the time for fresh starts....

Are you more like Pooh, Eeyore, Owl, Rabbit, or Tigger?

Have you ever heard the phrase, "happily ever after?" What do you think it means?

What brings you joy at school?

What's one thing you can do tomorrow to be kind to someone else?

Do you think boys or girls have it easier why? What's the hardest part about...

What kind of job would you like to have when you grow up?

Who is the most trustworthy person you know?

Do you feel like dad or I put too much pressure on you sometimes? When...

What was your favorite thing we did today?

If you had to listen to one person talk for 3 hours straight, who would...

Have you heard of the word procrastination? Do you do that sometimes?

Do you think a great marriage just happens, or that husbands and wives have to...

Do you think we spend enough time together? What would you like to do together...

If you had to choose someone to marry today, who would it be? Why?

If you had mind-control powers like a Star Wars Jedi, what would you use it...

What do you think is the most fun about growing up?

What do you think is the secret to a loving marriage?

What's your favorite thing about being a kid?

Are you enjoying school this year? What could make it better

Do you think it's important to have rules in a family? Why?

What part of the Christmas story is your favorite?

How can you tell when your sister/brother hasn't gotten enough sleep? How do you act...

Do you understand why mom and dad set rules you don't like sometimes?

What do you do when you see someone who looks different from most people?

What's one thing you can do tomorrow to be kind to someone else?

What's the best part about having Dad watch you?

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What is your favorite thing about fall? Mine is...

Do you have anything that you think makes you different from your brothers and sisters,...

Do you feel like sometimes I'm too hard on you about things? When I am...

You'll turn \_\_\_\_ next year. What do you think will be the best part of...

How do you look at the challenges in your life?

What's the best compliment you ever received?

How can we organize your closet to make things easier to find?

Why do you think some kids get in the habit of lying?

If you could have one magic power, what would you choose?

What's your favorite backyard game to play?

Let's see how many times you can say "Gobble-Gobble" in 15 seconds!

End your day talking with your child