

WEEKLY

AUTISM

PLANNER

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AUTISM PLANNER

HOW TO USE THIS WEEKLY AUTISM PLANNER

The Weekly Autism Planner is intended for parents of children with autism and/or sensory issues. It is a blank planner that you can print off to keep track of sensory activities, appointments, meetings, social goals, speech goals, and more!

In this Weekly Autism Planner, you will find:

MY CHILD'S GOALS (1 PAGE)

In this section, you will list what goals you would like to focus on this week with your child, including social skills, speech and communication skills, and sensory skills.

MY ACTIVITY IDEAS (1 PAGE)

In this section, write down any activities that you would like to try with your child this week. It is organized into sensory categories.

MY APPOINTMENTS (2 PAGES)

Being an autism parent is hard work and keeping track of all those appointments can be difficult too! Jot down all your appointments on these pages.

WEEKLY REFLECTION (2 PAGES)

Keep track of the challenges and successes of your week with these pages.

Any questions and feedback on the Weekly Autism Planner are welcomed. Just send me an email at andnextcomesl@gmail.com.

MY CHILD'S GOALS

SPEECH & COMMUNICATION GOALS

SOCIAL SKILL GOALS

SENSORY & O.T. GOALS

MY ACTIVITY IDEAS

FINE MOTOR

VESTIBULAR/PROPRIOCEPTIVE

TACTILE

VISUAL

ORAL

AUDITORY

MY APPOINTMENTS

MONDAY

TUESDAY

WEDNESDAY

MY APPOINTMENTS

THURSDAY

FRIDAY

SATURDAY/SUNDAY

WEEKLY REFLECTION

THIS WEEK'S CHALLENGES

THIS WEEK'S SUCCESSES

BOOKS WE READ TOGETHER

WEEKLY REFLECTION

MOST CHALLENGING MOMENT FROM THIS WEEK WAS...

FAVORITE MOMENT FROM THIS WEEK WAS...

OTHER COMMENTS